



Daily Schedule

Time	Activity	Objective
8:30-9:00	Drop-off Check-in Procedures Free Choice Activity	Independence/ Self- Regulation
9:00-9:45	Morning Program Block includes: Teacher directed Circle & Independent Work time	Language, Social, & Fine Motor Skills
9:45- 10:00	Clean-up, Toileting, & Hand washing	Cooperation, Responsibility, Healthy Habits, Self-Care
10:00- 10:30	Outdoor Play & Morning Snack	Nutrition, Motor & Social Skills
10:30-11:15	Music, Movement, Worship	Spiritual, Motor, Music Skills
11:15-11:30	Clean-up, Toileting, & Hand washing	(See Above)
11:30-12:30	Outdoor Play & Lunch	(See Above)
12:30-1:45	Nap & Quiet time	Mental & Physical Rest
1:45-2:00	Clean-up, Toileting, & Hand washing	(See Above)
2:00- 2:30	Outdoor Play & Afternoon Snack	(See Above)
2:30-3:30	Afternoon Enrichment Block	Creative Process & Expression through Sensory and Artistic Learning Experiences
3:30-4:30	Pick-up Check Out Procedures Free Choice Activity	Social & Imaginative Play

Sample Menu

M o n d a y	<p>AM: Oatmeal Squares & Apples water/Milk</p> <p>PM: Matzo Cracker & Almond Butter water/Milk</p>
T u e s d a y	<p>AM: Granola Bars & Raisins water/Milk</p> <p>PM: Cheese Sticks & Grapes water/Milk</p>
W e d n e s d a y	<p>AM: Mini Bagels & Cream Cheese water/ Milk</p> <p>PM: Plain Popcorn & Orange Slices water/Milk</p>
T h u	<p>AM: Yogurt & Strawberries</p>

r S d a y	water/Milk PM: Goldfish & Carrot Sticks water/Milk
F r i d a y	AM: Hard Boiled Eggs & Blueberry Smoothies water/Milk PM: Cheese Quesadillas & Sliced Cherry Tomatoes water/Milk